





iKickButts Action Plan for Community Advocacy

Project Title: "iKickButts in [Your City]: Mapping and Mobilizing Against Tobacco Product Waste in [Project Area]"

Objective

Use *iKickButts* to document the environmental impact of commercial tobacco product waste in a specific neighborhood or city area, raise public awareness about pollution, and advocate for policies to reduce tobacco product waste.

Pre-Planning: Gather Resources

For documenting tobacco product waste

- Smartphone or tablet with iKickButts installed on the device
- Familiarity with *iKickButts*
- Internet access to download data
- Safety materials: gloves, trash bags/buckets, litter pickers/grabbers, safety vests, closed-toe shoes.
- Sun and heat protection: wide-brimmed hat, sunscreen, water
- Computer with Excel or other data visualization software (optional)
- Poster or flyer printing budget (optional)

Phase 1: Planning and Orientation (expected duration 1 Week)

Define your project purpose

 Decide what you want to learn more about. For example: the amount and type of tobacco product waste in and around school property, on public beaches, or near storm drains; the amount and type of tobacco product waste that is cleaned up by street sweeping.

Choose your project area

 Select an area of interest based on the purpose of your project; for example, the street you live on, a section of a beach or park, bus or trolley stops, or the streets surrounding a local school or church.

Set project duration

- Decide how often and for how long you will monitor your project area. For example: "Once each week for one month," or "The 3rd Saturday of each month."
 Name your project
 - Preferred format for easy reference: "iKickButts in [Your City]: Mapping and Mobilizing Against Tobacco Product Waste in [Your Project Area]"







Decide who will participate

- You can work alone or invite others, such as friends or family. It's more fun with friends!
- If you want others to join your project, request an open (i.e., anyone can join) or closed (i.e., only people you invite can join) project through *iKickButts* in the Forum tab by tapping on "Request a Project." Prefer to use a desktop or laptop to request a project? Click here.

Phase 2: Collecting Data (2-4 weeks, adjust to fit project goals)

Use iKickButts to

- Photograph the tobacco product waste in your project area.
- Record the type of tobacco waste product (e.g., cigarette butt, lighter, packages, e-cigarette/vape).
- Optional: Record if you picked up the tobacco product waste for disposal.
 (Depends on project goals and available resources).

Optional: Record related observations

 Use a notebook or electronic device to record observations related to tobacco product waste, such as no smoking signs, individuals smoking, cigarette butt receptacles, smoke shops, and conversations with people you encounter.

Phase 3: Preparing Results (1-2 weeks)

Let iKickButts create a formatted PDF report that includes

- Tobacco product waste displayed on a map of your project area
- Type and count of tobacco product waste in table format

Add illustrative photos from your *iKickButts* observations to supplement the report (for example, one of your favorite observations)

Optional: **Export data** from the app in CSV format and summarize additional findings; for example, use bar charts to compare the total counts of tobacco product waste over time.

Phase 4: Sharing Results (1-2 weeks)

Develop ways to share your results with your community. Some ideas include

- Create **public posters** or **pop-up displays** at community centers, libraries, or other local venues. Share your results with maps, charts, and photos.
- Post on your favorite social media platform to raise awareness and mobilize community support. Tag with #iKickButts[City] to connect with other local projects!
- Write a letter to the editor or an op-ed for a local newspaper with images and maps





- Host a cleanup event and invite local media, community groups, and city
 officials.
- Create a short video to post on YouTube, Instagram, or TikTok showcasing the problem and your call to action.

Phase 5: Advocating for Policy Change (2-4 weeks)

Policy makers need data to make informed decisions. Share your *iKickButts* PDF report and policy options with elected officials and city staff. Along with data, **present possible approaches** and familiarize yourself with the limitations and strengths of **downstream** (e.g., community cleanups), **midstream** (e.g., better signage, waste or butt receptacles), and **upstream policy options** (e.g., banning plastic cigarette filters, education, reducing use) and their long-term impacts and sustainability.

Check out the Forum on iKickButts for more ideas.

- Attend a city council or neighborhood board meeting to speak during public comment and share your data and recommendations.
- Request a meeting with your district representatives and ask for their assistance in addressing the issue.
- Share your data with **environmental and advocacy groups** like Surfriders and the Sierra Club.
- Contact your local tobacco prevention program and share your findings.
- Organize information into a policy brief or one-pager that summarizes the
 environmental impact and suggests local ordinances, such as tobacco-free
 zones, disposal mandates, filter bans, better enforcement of existing laws,
 extended producer responsibility, or signage.

Expected Outcomes

- A mapped record of tobacco product waste in your project area
- Increased public awareness of tobacco waste pollution
- Engagement of the community, local leaders, or media
- Policy change to address the impact of tobacco product waste